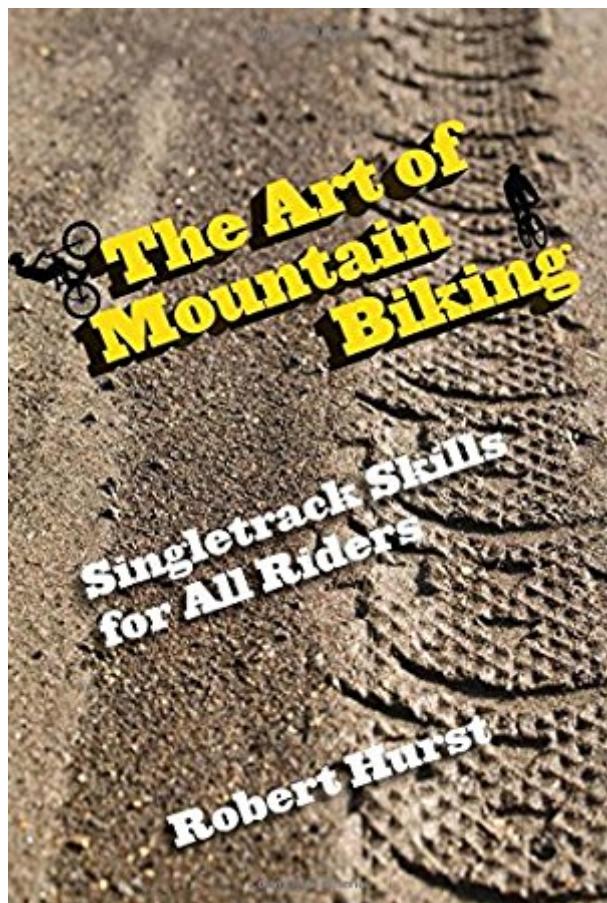


The book was found

The Art Of Mountain Biking - Singletrack Skills For All Riders



Customer Reviews

This is not a book to describe technique, or "how to". But this book goes where other books don't: what is in the mind of the mountain biker (or should be). There is so much to the mental aspect, and this book helps steer you in the right direction. As an example: cornering. Yes, there's a lot of technique there, but at the same time, it's dangerous to overthink. It's kinda like the surfer dude from *Forgetting Sarah Marshall*: "don't think, just do". This book is a fine complement to the other known MTB technique guides out there (Lee McCormak, Brian Lopes, Ned Overend, etc.)

Book was as advertised, arrived as forecast, and represents fair value for the money. The book is a g bit too loosey-goosey hippie jargon for my taste. In key places I have absolutely no idea what the author is trying to say with his mashup of mystical and Brazilian jujitsu in describing how to ride a mountain bike.

Great book--not just a "how to" but also a keen look environmental issues and riding, what you pack, how to ride in groups, trail etiquette, equipment (without getting into brands)... just a refreshing book to read about a sport I am really into.

Mostly philosophical writing about inner peace and environmentalism. Wanted more mountain biking techniques. The trail stories are pretty interesting, only two or three though.

GREAT READ! I purchased 4 additional copies to pass out to my ride buddies Nuff said.

Good read nothing too serious. Gets your mind where it needs to be for mtb. Helps more than u think it would.

Love this book.

Great book!

[Download to continue reading...](#)

The Art of Mountain Biking - Singletrack Skills for All Riders Mountain Biking Phoenix (Regional Mountain Biking Series) Mountain Biking Colorado Springs (Regional Mountain Biking Series) Mountain Biking Hut to Hut: Telluride to Moab (Regional Mountain Biking Series) Mountain Biking

Aspen (Regional Mountain Biking Series) Mountain Biking Denver and Boulder (Regional Mountain Biking Series) Mountain Biking Denver and Boulder, 2nd (Regional Mountain Biking Series) Mountain Biking Colorado Springs: A Guide To The Pikes Peak Region's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) Mountain Biking Colorado's Front Range: From Fort Collins to Colorado Springs (Regional Mountain Biking Series) Mountain Biking Colorado Springs, 2nd: A Guide to the Pikes Peak Region's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) Mountain Biking Moab Pocket Guide: More than 40 of the Area's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) Where to Bike Los Angeles Mountain Biking: Best Mountain Biking around Los Angeles Mountain Biking the San Francisco Bay Area: A Guide To The Bay Area's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) Mountain Biking the Washington, D.C./Baltimore Area: An Atlas of Northern Virginia, Maryland, and D.C.'s Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) Mountain Biking Moab: A Guide To Moab's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) Mountain Biking Northern California (Regional Mountain Biking Series) Mountain Biking Colorado's San Juan Mountains: Durango and Telluride (Regional Mountain Biking Series) Mountain Biking North Carolina (State Mountain Biking Series) Mountain Biking Boise (Regional Mountain Biking Series) Mountain Biking Idaho (State Mountain Biking Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)